



CAMEL COURIER

VOLUME 30 Δ ISSUE 7 Δ JULY 2016

ALCOHOLICS ANONYMOUS

Area 34 - District 11
coverage area includes:
Antrim (part), Benzie,
Grand Traverse,
Kalkaska, & Leelanau
counties.

**Traverse City AA
Central Office**
3291 Racquet Club Drive
Suite B
Traverse City, MI 49684



Hot Line
(231) 946-8823
24/7 Service

Office Hours
Mon – Fri 10AM – 5PM
Saturday – 10AM - 2PM

Email
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www.district11-aa.org

INSIDE STEP ONE

Admit the Problem

Almost everyone has a problem with the word "powerless." It drives people nuts, and for good reason. No one likes to think of themselves as powerless or vulnerable. Some people actually take offense to the word, saying it's demeaning and oppressive. They even use the word "powerless" as an excuse for not trying to work the Steps at all.

But Step One doesn't say people are powerless. It doesn't say they can't take charge of their lives, or they don't have the ability to change; quite the opposite. What Step One does do is unlock a great paradox. The first Step, in its puzzling but simple language, introduces us to a source of power we didn't know we could find.

If you or someone you know is struggling with addiction or a related issue like trauma, codependency, gambling, or compulsive behaviors, Step One is the key that unlocks the jail cell. It's not what we expect when we first encounter Twelve Step programs. In fact, for most of us it was maddening.

"I thought you were going to tell me how to stop using drugs? How does being powerless help me do anything? This is stupid."

I wish I had a dollar for every time I've heard that one. Working as an addiction counselor for many years, I've heard every form of resistance you can imagine, and then some. But as simple as the language of the Step might seem, it calls for a closer examination.

In AA and Al-Anon, the first half of the Step says: "We admitted we were powerless over alcohol." It does not say we were powerless over our choices, over our life, or over our relationships with other people. It says we were powerless over alcohol, and that limiting phrase, that tight focus on the drug, is critical.

Here's the great paradox. In order to gain power over our addiction, we have to admit our powerlessness over the drug. Sounds weird, doesn't it? Sounds like we're giving up and falling into a bottomless pit. But that's not the case.

We have to change our focus. We can't fight the addiction head on, if for no other reason than we've been doing that repeatedly without success. In order to break our addiction, we have to admit that we can't change what it does to us. It affects our brain, our body, and our spirit; and there's no sense in denying it. We're powerless over the effect the chemical or behavior has on us. We're not going to get good at drinking or drugging, we're not going to get more rational about it. We're not going to get better at controlling. We've tried it a hundred times already.

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If we want to get a grip on our problem, we have to admit we're powerless over the drug, that we have a medical condition called addiction, and get to work on remission. It's like admitting that we have tooth decay, and we need to go to the dentist. It's just a fact, we're powerless over that fact, and now we need to take action.

Consider the star athlete who's just lost a big game. She's crushed, overwhelmed, dejected. But there's another big game next week. How can she get over the loss?

Welcome to Step One. She has to put the loss behind her. The loss happened, and she has to admit she's powerless to change that fact. Whatever she does, she can't afford to bring that fact into her future. By admitting she's powerless to change that loss, she releases herself from its shackles and walks freely into her future, fully empowered to do things differently, and not repeat the same mistakes.

As long as we try to control an issue, whether it's addiction, codependency, or a tough loss on the soccer field, we're bound to keep losing. Step One puts it succinctly: "We admitted we were powerless over alcohol, that our lives had become unmanageable." The second phrase is important: "our lives had become unmanageable."

Unmanageability is one of the ways we learn we have a problem. There are consequences to our addiction that are driving us crazy (not to mention other people). A businessman alcoholic may say, "I don't have a problem! I manage 250 people and make a huge salary." But his wife is ready to divorce him, his kids don't respect him, and he's just been arrested for a second drunk-driving charge. The confusion arises from the fact that *everything* isn't unmanageable. He may be holding on to his job, but if he's honest with himself (which he won't be, at first), he'll see that his addiction is making significant parts of his life *unmanageable*.

The great paradox tells us that we don't need to wrestle with those facts. We don't have to struggle with the drugs and we don't have to try to change the consequences. The first thing we have to do if we want to get better is simply *admit* we have a problem. We have to accept the fact that the substance has whipped us, and that there are real consequences which prove it's going to continue beating us—if we don't change.

We can't afford to play the blame game and we can't afford to make excuses. If we want to get better, we have to get honest. It's not my parents' fault, it's not my spouse's fault, it's not my boss's fault; in fact, it's nobody's fault. I've got a medical problem called addiction, a potentially fatal disease. But at the same time, I'm lucky, because this particular condition can be put in remission. It can't be cured, but it can be put in remission.

Nothing can be done about my problem until I admit I've got a problem. Change doesn't begin until I accept the fact that I can't control it, and that it's costing me dearly. The other eleven steps will show me the way out of this mess, but none of them are meaningful until I internalize Step One. The flip side of the coin we call *acceptance* is something called surrender. We have to stop fighting the battle. There is a way to beat this thing, but, paradoxically, it's not by fighting it head on.

As stated in the book, Twelve Steps and Twelve Traditions: "Step One showed us an amazing paradox: We found that we were totally unable to be rid of the alcohol obsession until we first admitted that we were powerless over it." When we turn away from the problem and embrace the solution, we've taken our first step into a new world.

Of course, really accepting Step One will make you crazy. But help is on the way. Step Two will help restore us to sanity in a most unusual way. More on that next time.

BY: Jeff J. SOURCE: Hazelden Betty Ford Foundation – June 2016

"Our Traditions are set down on paper. But they were written first in our hearts. For each of us knows, instinctively I think, that AA is not ours to do with as we please. We are but caretakers to preserve the spiritual quality of our Fellowship; keep it whole for those who will come after us and have need of what has so generously been given to us."

– AA Co-Founder, Bill W., November 1950
"AA Is Not Big Business", *The Language of the Heart*

Calendar of Events - JULY 2016

July 1 – 3 The 'Road to Detroit' is a series of AA round-ups leading up to the 2020 World Conference. Each July, AA members from around the country will meet - for fun and for free - to carry the message through speakers, workshops, and meetings. This three day event takes place in New Orleans, Louisiana. For More Information: <http://www.roadtodetroit.org> .

July 2, 9, 16, 23, 30 Open Talk Speaker Meeting at Munson Hospital basement, 1105 Sixth Street, Traverse City, 8:00pm. If you would like to be a Speaker in the upcoming months, please contact Shannon H. at (231) 649-3294, or email: tho2936992@hotmail.com .

July 12 District 11 Meeting - now held on the **SECOND TUESDAY OF EVERY MONTH, 7:00pm-8:30pm**. The next meeting will be held in Benzonia, at the Grand Traverse Band of Ottawa and Chippewa Indians Benzie Outpost, 7282 Hoadley Rd. in Benzonia. It is just off US31 behind the WESCO. For More Information: Email area34.district11@gmail.com .

July 17 Western Michigan Area 34 Assembly – meeting starts at 10:30am. Hosted by District 16 – at Migizi Hall (Bay Mills West Campus), 1896 S. Iroquois Row in Brimley, MI 49715. For More Information: Email area34.district11@gmail.com or check out <http://wmaa34.com> .

July 22 – 24 MCYPAA Advisory Annual Campout, at the Paddlebrave Camp & Canoe in Roscommon, MI. For More Information: http://mcpaa.org/wp-content/uploads/2016/03/MCYPAAAC_Campout_2016.jpg

Future 2016 AA Events

August 26 – 28 64th Michigan State AA Convention, Dearborn, MI - Hosted by Area 33, For More Information: http://www.aa-semi.org/flyers/MI_AACon64th_1.jpg

September 1 – 4 58th International Convention of Young People in A.A., Gaylord Opryland Hotel in Nashville, Tennessee. For More Information: <http://58th.icypaa.org/>

October 7 - 9 12th Annual Michigan Women's Conference, Garland Resort in Lewiston, MI. For More Information: <http://miwcaa.com/>

October 14 - 16 28th Annual Fall Weekend, The Island House Hotel in Mackinac Island, MI. For More Information: http://www.aa-semi.org/flyers/2016_Mackinac_Registration_Form.pdf

November 4 - 6 Traverse City Fall RoundUp 2016. Park Place Hotel. For More Information: tcru@gmail.com

November 11 - 13 We Agnostics, Atheists and Free Thinkers (WAAFT) International AA convention in Austin, Texas. For More Information: <http://www.waafiaac.org/>

November 25 - 27 Michigan Convention of Young People in A.A. #38, Ann Arbor Marriott at Eagle Crest Resort in Ypsilanti, MI. For More Information: <http://mcpaa.org/host/>

Traverse City Central Office's Website

www.district11-aa.org

Our site has the most up-to-date area AA Meetings List (printable); Al-Anon and Alateen Meetings; District 11 information; AA Links; as well as current and archived issues of our monthly newsletter - the *Camel Courier*; . . . and much more.

WE CELEBRATE RECOVERY



TRAVERSE CITY, 4TH ANNUAL FALL ROUND UP 2016

PARK PLACE HOTEL, . NOVEMBER 4TH, 5TH, 6TH

TRAVERSE CITY, MI 49684

tcru@gmail.com

HIGH FIVES, BACK SLAPS & MANY THANKS to

SUSAN N.

for her hard work and dedication as the Volunteer Coordinator at Central Office. She retired from this post in early June.

Her service of over seven years at Central Office certainly went far beyond recruiting and scheduling volunteers to carry out the necessary duties that has made the Traverse City Central Office one of the very best in Michigan.

If you see Susan at a meeting (or anywhere else) please show her some well-deserved love.

ALCOHOLICS ANONYMOUS

District 11 – Area 34

Central Office

3291 Racquet Club Drive #B
Traverse City, MI 49684

(231) 946-8823

Board Members

Jodie S., Chair

Amanda S., Secretary

Steve G., Treasurer

Joe S., Asst. Treasurer

Rebecca S., Literature Buyer

Jodie S., Webmaster

Phil S.

Ted K.

Office Manager

Scott S.

DISTRICT 11 MEETING CHANGES

District 11 has voted to move its day and time to accommodate more groups in the district. It will now be held on the **SECOND TUESDAY OF EVERY MONTH, 7:00PM-8:30PM.**

The next meeting will be held in Benzonia, at the Grand Traverse Band of Ottawa and Chippewa Indians Benzie Outpost, 7282 Hoadley Rd. in Benzonia. It is just off US31 behind the WESCO.

FROM SCOTT S. – CENTRAL OFFICE MANAGER

There is still some opportunity for volunteer service with District 11 Central Office for "in house" volunteering. Please contact Scott at the District 11 Central Office with questions and to sign up for your chance to join our team! It will help your recovery as well as our local community. Visit our website at www.district11-aa.org then click the "volunteer page" for more information.

District 11 Central Office would like to send out a BIG hug to Susan N. for 7 great years, yes that's 7 great years here with District 11 Central Office. During this time Susan has stepped up as In House volunteer, After Hours volunteer, Event Planner, Volunteer Coordinator, and many other positions where Needed. When you see Susan be sure to thank her for everything she has done!

12 Step Call. Thank you Ed and Ian for going along with Scott to Munson Hospital for a 12 Step Call to help a fellow AA in need of a meeting following a relapse.

PLEASE CONTACT

**Scott S. (our Office Manager) at (231) 946-8823
or email him at scottluciescholten@yahoo.com**

CENTRAL OFFICE RETAIL STORE

Our Literature Buyer, Rebecca S., has been placing quite a few orders lately to make sure the gift and merchandise inventory at Central Office are plentiful and available for all of our customers. Along with the wonderful conference-approved literature (Big Books, 12 & 12's, etc.) we have many new 'Daily Meditation' books.

We have received new items like hats as well as beautiful jewelry, greeting cards, coffee mugs and wallet cards. We carry book covers, posters of the Steps and Traditions, a wide variety of anniversary coins, and World Service Manuals to help with service positions.

We also have a large supply of items for Al-Anon and ACA. If we don't have it in stock, Rebecca S. would be happy to track it down for you or your individual group.

If anyone would like to assist Rebecca S. with any of the duties or inventory work – please contact Central Office and let her know. It's a great way to get involved with service work.

Central Office Board Meeting Minutes

June 8, 2016

(Minutes to be approved at the August 10, 2016 Board Meeting)

PLEASE NOTE: THERE IS NO JULY BOARD MEETING

Board Members Present: Phil, Jodie, Rebecca, Amanda, Joe, Ted, Steve

Others present: Scott

Secretary's Report: Amanda read minutes from May meeting; Jodie moved to accept minutes with one amendment, and motion passed unanimously

Treasurer's Report: Steve read the treasurer's report for May 2016; Steve is working on a detailed sales report from the Roundup. Steve would like groups to identify themselves on their checks with the group name as well as with their group number when they make a contribution to Central Office - then groups can be recognized in the Treasurer's Report and the Camel Courier

Webmaster's Report: Jodie created a volunteers' page on the website that any volunteer can access with a code; the page has a calendar for both phone and office volunteers, and volunteers can use it to talk to each other if they need to swap shifts

Camel Courier Report: no report

Literature Report: Rebecca noted that we have received some new literature in stock from Hazelden; we also now have packets called "The Group Handbook" (conference-approved) to help new groups that want to form; Rebecca is investigating some options for different merchandise, such as travel coffee mugs

Office Manager's Report: Per Scott, those interested in volunteering can drop in during business hours, call during business hours, or submit the application online

Old Business: If a non-AA group wants to rent space from Central Office, Jodie will bring the case to the board to decide. Otherwise, she and Scott will allocate space and time to meetings.

New Business: Phil moved that the board create a certificate of appreciation for Susan and her seven years of service as the Volunteer Coordinator; the motion was amended to add a budgeted amount to purchase a gift for her; motion passed

Joe moved to cash in the CDs when they mature and to move the balance to the savings account; motion passed

Discussion about keeping six months of operating expenses is tabled until the next meeting

Jodie brought up the idea of creating a handbook that would have descriptions of all positions as well as the policies and procedures of Central Office; motion passed; Ted will assemble the handbook in October

Amanda moved to eliminate the previous log system and to instead supply the Camel Courier editor with number of calls (from Grasshopper), amount and type of literature (from Square), and number of website visitors. Motion passed.

For next meeting: vote on Amanda's revision of the bylaws

For next meeting: discuss possible name change to reflect the inclusion of the newly-formed District 18?

Amanda made a motion to adjourn; motion passed unanimously at 7 PM.



DISTRICT 11 MEETING MINUTES

June 14, 2016

The meeting was opened by Mel H. at 7:01 with the Serenity Prayer

District 11 Statement of Purpose: Pixie P.; Tradition of the Month: Dean J.; Concept of the Month: Deb R.; Declaration of Unity: Jerry H.; Role Call: Fourteen voting members.

Officer Reports

Secretary: Minutes accepted with one correction. The corrected page will be along with these minutes.

Treasurer: Presented both a monthly report and a 2016 budget. Accepted.

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DCMC: Hi everyone, It's been a busy and eventful month. The District 11 Sponsorship workshop May 21st went very well. It was attended by 40 people and the speakers did a great job. Thanks Phil S. and Amber J. for putting it together. Our committee for scheduling District meetings met after the workshop, and we'll be discussing that today. Northern Michigan Inter Area's Spring Roundup in Grayling was also a good weekend. District 11 was well represented. At least 5 speakers were from our district, and they did a fine job. The last I heard, attendance was over 100. Happening later this month is Fife Lake's annual Father's Day Picnic being held at the Fife Lake Village Park on State Street. That starts at noon. There will be AA and Alanon speakers at 1:00 pm followed by a pot luck lunch. Please bring a dish to pass. Meat, coffee and plates are provided. Bring the family. No pets, please.

Sponsorship workshop report by Phil S. 40 participants, and a success. Amber mentioned two more possibilities for future workshops. Phil S. asked if we could have a limited gift shop at workshops and such. Scott S. said that that can be done, at least on a limited basis.

Committee Reports

Mel shared descriptions of the District committees. Pixie suggested that the Grapevine committee is always looking for people to write stories for the Grapevine.

PI/CPC: No chair as yet.

Corrections: Pugsley is shutting down by September 15, 2016. Amber reported that she has been texted a list of county jail meetings, and suggested that it be included on the Central Office website. Phil S. said that there is a problem with such a publication in that volunteers can't just walk into a jail meeting. Jodie S. reported that we need a corrections committee so we have a "go to" person that interested parties can contact. Marv S. suggested that we need a contact number for each of the district committees.

Grapevine: No chair as yet.

Treatment: No chair as yet.

Special Needs: No report

Central Office Liaison: Phil S. reported that Scott S. getting acclimated in his new position. Phil also reported that Grasshopper is working fine. Jodie S. said that if there is a group change of any kind, Central Office needs the name and contract information of GSRs. Phil said that Central Office is getting donations without identification of contributor. Central Office needs both the group name and the group number. Pixie P. reported the problems that the Area registrar is having keeping up with listing groups and coordinating with GSO. Jodie said that Central Office with help facilitate the creation of new groups.

DCM Reports

Grand Traverse: Grand Traverse County DCM report June 14, 2016 Summary: I have regular email communication with identified GSRs. There has been an increase in interest in District announcements and I am receiving feedback, encouragement, and even an occasional question about "those District meetings". I view this as progress and hope to see this pattern continue. I am still working on a schedule to visit groups without identified GSRs. Marv has offered to help with outlying groups near Kalkaska County. Huge thanks to Marv! ☺ Follow up from May District Meeting: • Changing the date/time and rotating the location of the District meetings is met with a lot of approval. I suspect this will have a big impact on our availability and presence throughout the district. • Central Office has been notified of the change for this month. We owe them a schedule for the remainder of the year. Jodi recommended using Google Calendar and will work with Art directly to determine the best method for publishing and managing. • I heard back from 3 groups (Eastside, New Hope, Keep it Simple BB). All 3 of these groups voted AGAINST the District providing financial support for any nonAA events. There was a lot of discussion, and while many members personally support the event, they feel the traditions need to be upheld for the integrity of AA. --In love and service, Amber [A question is raised about who represents the two Antrim county groups that did not join District 18. Deb R. offers to represent these two groups as she attends both groups.]

Kalkaska: Marv S. reports that he doesn't have much to report. He attended the Buckley meeting, and noted that the Sunday meeting is not where it is listed to be.

Leelanau: Phil S. reported that someone is being prepped to take over as DCM for the county.

Benzie: Scott S. reported that he is having trouble getting people to step up to replace him.

Area 34 Report

At the Area 34 meeting, the motion for Antrim county groups (except for 2) to be a new District was approved. They are District 18. Two groups will be staying with District 11. They are the Kewadin Satisfaction Group which meets Thursdays at 7:00 pm at the Kewadin Indian Mission (group no. 000648584), and the AA Keep It Simple group which meets at 6:30 pm Sundays at the Calvary Lutheran Church located at 10180 Elk Lake Road in Williamsburg. I wish the

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new District 18 well. Most of the meeting was dedicated to our Delegate's report from the latest A.A. General Service Conference. Items of interest are: No action was taken on the proposal to translate the first 164 pages of the book Alcoholics Anonymous into "plain English" because there are 2 such translations done by other publishers. Also, the term "Special Needs" was eliminated from the Committee on Treatment Centers. It was changed to Treatment Centers and Accessibility. Our Delegate, Jim Gordier, also distributed the results from the General Service Conference taken from the 2013 through 2015 Conferences. I have copies for those interested. Due to the Fife Lake Father's Day Picnic, I will not be attending the June Area 34 meeting. Deanna has said she will go to that meeting. That's all for now. I'm thankful to be serving. --Mel H.

Heather G. brought flyers for the Michigan Women's Conference.

Jodie S. reported that Central Office is not getting event notification and asks that we email flyers to CO so they can publish the information. The general point is made by several people that we all need to be better about making AA information available to interested parties. Jodie requests that the District Secretary send to Central Office any flyers that come his way.

Old Business

Bullet point discussion: Mel passed on this as we don't have the chairs necessary to address the inventory.

Support for Fall Roundup: There are almost an equal number of groups for and against contributing. Jodie S. gave a brief history of how the Roundup has evolved, emphasizing that in the past the Roundup has been an AA event. She reported that there is seed money from previous years, but that that money was contributed to an AA event, not a co-event with NA. Amber suggested that maybe that the Fall Roundup needs to look at other ways to get contributions. Pixie suggested that they need to start charging for registration. Further discussion was tabled until next meeting.

Who gets to vote. Motion by Art H.: Only GSRs, DCMs, Committee Chairs, and District officers be voting members at District meetings, and that the DCMC may vote only to break a tie. Second by Amber J. Motion passed with two opposed. Minority opinion from Jodie S. - that representatives of groups that do not yet have GSRs should be allowed to vote. Minority opinion from Marv S. - letting representatives of groups who do not yet have GSRs vote, will encourage those groups to elect GSRs and join the AA structure. No one wished to change their vote.

New Business

The schedule is being finalized, and when everything has been finalized it will be published, both by the Central Office and in the Camel Courier. Added to the agenda for next month is a discussion of possible events that the District could hold. Heather G. shared some possibilities. Mel asked that a check be made out for \$25 to Fife Lake Township. All the venues for further District meetings will be given \$25 per meeting.

Motion to close at 8:40. The meeting closed at 8:40 with the Responsibility Statement.

The July District meeting will be in Benzonia, at the Grand Traverse Band of Ottawa and Chippewa Indians Benzie Outpost, 7282 Hoadley Rd. in Benzonia. It is just off 31 behind the WESCO on Hoadley Rd. - **Art H., District 11 Secretary**

DISTRICT 11 MONTHLY MEETING SCHEDULE (7:00PM)

July 12, 2016 – Benzie County – GT Band of Ottawa & Chippewa Indians Outpost, 7282 Hoadley Road in Benzonia. Off US31 behind WESCO.

August 9, 2016 – Kalkaska County

September 13, 2016 – Leelanau County

October 11, 2016 – Grand Traverse County – Alano Club, 4125 Cedar Run Road

November 8, 2016 – Benzie County

December 13, 2016 - Kalkaska County

January 10, 2017 – Leelanau County

February 14, 2017 – Grand Traverse County – Alano Club, 4125 Cedar Run Road

March 14, 2017 – Benzie County

April 11, 2017 – Kalkaska County

May 9, 2017 – Leelanau County

June 13, 2017 – Grand Traverse County – Alano Club, 4125 Cedar Run Road

July 11, 2017 – Benzie County -

August 8, 2017 – Kalkaska County

September 12, 2017 – Leelanau County

October 10, 2017 – Grand Traverse County – Alano Club, 4125 Cedar Run Road

November 14, 2017 – Benzie County

December 12, 2017 - Kalkaska County

Name that Theme for the 2020 International Convention

Deadline Oct. 3, 2016

Believe it or not, it's time to start thinking about a theme for the 2020 International Convention celebration of A.A.'s 85th Anniversary in **Detroit, Michigan, July 2-5, 2020**. We invite you to send in suggestions for a theme, which will be selected by the trustees' International Conventions/Regional Forums Committee. Please let us hear from you by October 3, 2016.

To spark your thinking, the themes of past A.A. International Conventions have been: 1965 "I Am Responsible"; 1970 "Unity"; 1975 "Let It Begin With Me"; 1980 "The Joy of Living"; 1985 "Fifty Years With Gratitude"; 1990 "Fifty-Five Years—One Day At a Time"; 1995 "A.A. Everywhere—Anywhere"; 2000 "Pass It On—Into the 21st Century"; 2005 "I Am Responsible"; 2010 "A Vision for You;" and in 2015 "80 Years — Happy, Joyous and Free."

Send your ideas to: International Conventions Assignment, P.O. Box 459, Grand Central Station, New York, NY 10163.

WORDS TO LIVE BY

FROM *The DAILY PLEDGE* BLOG

Hazelden Betty Ford Foundation – June 2016

One of the best known, and most popular prayers associated with recovery is *The Serenity Prayer*. Its message applies to everyone, whether in recovery or not.

"God, grant me the serenity to accept the things I cannot change ..."Realistically, although we often wish and act otherwise, we cannot change other people's attitudes, thoughts and actions. We do not have that control – only they do. There are also aspects of places and things that we cannot change. We can change our physical environment, at a "cosmetic" level, but we cannot change its innate nature.

"...courage to change the things I can..." This means ME. Ultimately, the only thing any of us has control over is ourselves! We can change the way we react to the actions and attitudes of others through acceptance, tolerance and setting boundaries where applicable. We can make changes to our physical environment through social responsibility, maintenance of our surroundings, etc., remembering that we cannot change the laws of nature.

"...and wisdom to know the difference." This is the hardest part. We see things around us that we feel are wrong/need to be changed, but, try as we might, we are unsuccessful in our efforts. Invariably, when this happens, we are trying to change that which we cannot change. The wisdom spoken of here is the wisdom to look into ourselves and see what we can do, from the inside out, to make things better.

These are words to live by. If we take them to heart and work on our own attitudes, thoughts and actions as they relate to people places and things, the ongoing results can only be amazing.

The CAMEL COURIER seeks a NEW EDITOR

Are you looking for an opportunity to serve? Our *Camel Courier*, in print since 1989, needs you!

If you have at least 1 year of sobriety, computer savvy and willing to put together a great read for the community, please let us know immediately at Central Office.

IF INTERESTED --- Please Call (231) 946-8823 or Email: district11centraloffice@yahoo.com